

# LOCK HAVEN UNIVERSITY



**Master of Science in  
Sport Science  
2022-2023**

**Graduate Handbook**



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## **The University and the Community**

Lock Haven University (LHU) is a small, state-owned university located in the picturesque setting of central Pennsylvania. Founded in 1870 as the Central State Normal School, LHU offers programs in the arts, education, humanities, sciences, health care, business and much more.

“The Haven” offers outstanding academic programs taught by experienced faculty who know your name, provide one-on-one attention, and are dedicated to your success. The culture of campus is one where learning comes first, driven by an ethos of service that helps students connect with causes they care about. LHU’s experience-based approach to learning, supported by well-equipped instructional labs, hands-on research, field placements, service opportunities, and internships prepares students for success.

Competitive Division I and II athletics, over 100 student clubs and organizations, caring residence hall communities, and dozens of activities each week combine to create a vibrant campus life.

The university is situated near quaint, historical downtown Lock Haven. The Haven is surrounded by the breathtaking natural beauty and outdoor adventure of the Susquehanna River and the Bald Eagle Mountain range, providing a setting for one of the most beautiful campuses in the country. Lock Haven is a gateway to greater northcentral Pennsylvania and the area known as the Pennsylvania Wilds, renowned for spectacular wild landscapes, stunning views, abundant wildlife, hundreds of miles of land and water trails, rich lumber and oil history, charming small towns, and more, such as the largest elk herd in the US northeast, the “Pennsylvania Grand Canyon,” the Pine Creek Rail Trail, and some of the darkest skies in the country at Cherry Springs State Park. Within the region are many opportunities for outdoor recreation including camping, hiking, cycling, rock climbing, fishing and boating, hunting, canoeing, kayaking, snowmobiling, skiing, and numerous trail-runs and challenges.

Beyond the outdoors, the small town of Lock Haven has a passion for the arts, music, culture, festivals, and food. The community enjoys several opportunities to celebrate and gather at local legendary events such as the Labor Day Regatta, the HoosKow Chainsaw Carver’s Festival, the Smoked Country Jam Bluegrass Festival, and the LH JAMS Festival, featuring art and jazz on Main Street. Lock Haven also has several museums, such as the Piper Aviation Museum and Heisey Museum, home to the Clinton County Historical Society. The town also offers the Millbrook Playhouse for live theatre and shopping for original art at The Station Gallery. There are several quality restaurants, breweries, and local shops to enjoy, and major cities such as Philadelphia, Pittsburgh, New York, Washington, D.C., and Baltimore within a few hours’ drive.

**Our Mission:**

Lock Haven University offers an excellent and affordable education characterized by a strong foundation in liberal arts and sciences for all students, majors in the arts and sciences, and a special emphasis on professional programs. All programs are enhanced with real world experiences and co-curricular activities that enable students to realize their full potential. In close personal interactions with faculty who are passionate about teaching, students are challenged to develop their minds and skills in order to be responsible citizens and to succeed in a global and technologically advanced society.

# Master of Science Sport Science

## The Program

The Master of Science (M.S.) in Sport Science provides advanced preparation for those who love sports and wish to pursue sport-related careers. Having examined how psychological factors influence performance and physical activity participation and how sport and physical activity involvement affect psychological well-being, graduates of the Sport and Exercise Psychology track are prepared to help athletes and others achieve optimal performance. Graduates of the Sport Management and International Sport Management tracks are prepared for careers ranging from marketing, sales and sponsorship, to event planning and facility management in professional, amateur, educational and community sport settings.

The program can be completed in one year for students enrolled full-time.

### Three Tracks:

- Sport and Exercise Psychology
- Sport Management
- International Sport Management

### Professional Preparation:

The Master of Science in Sport Science program offers advanced preparation for the professions of:

- Applied Sport and Exercise Psychology Consulting
- Athlete Development and Support
- Athletic Administration
- Athletic Compliance
- Coaching
- Event Planning
- Facility Management
- Sport Finance
- Sport Marketing
- Sport Sales and Sponsorship

## Program Objectives:

Upon completion of the Master of Science in Sport Science program, a student will be better prepared to:

- Formulate strong understanding of research methods and the foundations underlying sport science including socio-cultural, philosophical, and psychological perspectives.
- Dissect and synthesize research to develop a full comprehension of current knowledge base and design related investigations.
- Evaluate the influence of key social institutions (gender, race, social class) on sport management, and to integrate these factors in one's professional work.
- Appraise the impact of psychological factors including stress/anxiety on sport/exercise performance and structure mental skills training programs with consideration of developmental, lifespan issues for individuals and group including injured athletes in transition.
- Interpret philosophical principles and assess ethical issues related to sport; articulate a personal philosophy regarding social responsibility in sport.
- Classify hierarchies in sport organizations and model how to resolve conflicts between competing parties through effective leadership and personnel management.
- Manage sport events including planning, evaluating, marketing and public relations.
- Create the vision and goals, including financial, of an organization and successfully convey and gain commitment to them.
- Demonstrate knowledge of legal issues relevant to sport organizations including sport personnel and the ability to determine appropriate solutions to legal problems.

## On-line Delivery:



100% on-line, web-based delivery enables working adults the flexibility to progress through the program on a part-time basis, at a reasonable pace, without interrupting their career. The program will also accommodate traditional and non-traditional students to attend on a full-time or part-time basis. No campus visits or on-campus residencies are required.

Our web-based delivery is designed to maximize the efficient use of technology for on-line teaching and learning, while maintaining a personal, one-to-one mentoring and supervision relationship with degree candidates.

The web-based on-line format takes advantage of leading-edge technology to deliver the curriculum. Streaming audio and video, threaded discussion, journaling, real-time chat discussions, document sharing, and other instructional methods make it possible to create active and engaged learning communities. In addition to the individual work, group work is accomplished in the on-line environment through document sharing, e-mail, threaded discussion, and other capabilities.

Visit our website to Test Drive the on-line format:

<https://www.lockhaven.edu/admissions/graduate/testd2l.html>

## Curriculum

### Course Descriptions:

#### **SPRT600: Research Methods in Sport Science**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An application of historical, descriptive, and experimental research strategies and designs to sport and physical activity. This course prepared graduate students to design, conduct and report research. Emphasis is placed upon planning research, utilizing research methods, and interpreting resulting.

Prerequisite: None

Corequisite: None

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#### **SPRT601: Sport in American Culture**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Examines the sociocultural environment in which sport exists, including detailed evaluation of the impact of such issues as gender, race, media, social stratification, ethnicity, mass media and commercialization, politics, and leadership from historical and contemporary sociocultural perspectives. Focuses on American cultural ideologies throughout history and their interplay with both amateur and professional sport.

Prerequisite: None

Corequisite: None

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#### **SPRT602: Ethics in Sport**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An advanced interpretation of moral issues in sport examining the meaning and significance of values and ethics issues in sport, including ethical decision-making, towards the formulation of a professional philosophical and ethical background of sport, and to cultivate written communication skills.

Prerequisite: None

Corequisite: None

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#### **SPRT610: Foundations of Sport and Exercise Psychology**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

A survey of the psychological factors related to performance and participation in sport and exercise setting. Emphasis is placed on determining how psychological variables influence performance and participation in physical activity pursuits and how physical activity participation affects and psychological well-being of the individual. This course will assess theoretical and methodical approaches to a variety of sport and exercise psychology topics including motivation, group processes, competition, and performance enhancement.

Prerequisite: None

Corequisite: None

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### **SPRT611: Sport and Exercise Psychology Across the Lifespan**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Designed to focus on developmental changes in the psychosocial antecedents and consequences of sport and physical activity across the lifespan. Specific topics include (1) Describing theoretical frameworks and methods used to study sport and physical activity related psychosocial development across the lifespan, (2) Describing how self-perceptions develop and influence behavior in movement contexts at different points in life, and (3) Explaining how social and contextual factors influence developmental processes associated with physical activity.

Prerequisite: None

Corequisite: None

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### **SPRT612: Sport Psychology for Performance Enhancement**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An evaluation of the nature of performance, sources of performance crises, and self-regulation strategies used to enhance sport performance. Specific objectives include (a) distinguishing the antecedents and consequences of subjective and objective performances, (b) conceptualizing motor performance and performance problems in a psychological context, and (c) matching psychology-based intervention strategies. This class is specifically designed to help student formulate practical strategies for teaching various psychological skills from an education perspective.

Prerequisite: None

Corequisite: None

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### **SPRT613: Psychology of Athletic Injury and Recovery**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

AN examination of psychological theories and applied considerations related to athletic injuries and the subsequent rehabilitation of the physically active. Emphasis placed on the psychosocial



antecedents to athletic injury and factors related to the psychological experience and treatment of the injured athlete in transition.

Prerequisite: None

Corequisite: None

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**SPRT614: Stress Management for the Physically Active**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An examination of the demands of athletics competition that cause stress for athletes, coaches, and other sport figures. Identifies the psychophysiology of the stress response and the individual/performance costs of distress. Emphasis is placed on the principles and methods of preventive stress management, such as social support, exercise and the relaxation response and their application in sport and exercise settings for improved performance.

Prerequisite: None

Corequisite: None

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**SPRT615: Seminar in Sport Science**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An intensive seminar approach to the study of sport science. The course will address contemporary issues and emerging trends in sport science and examine their historical and cultural significance. Specific topics will vary and may be repeated if topic under study is different.

Prerequisite: None

Corequisite: None

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**SPRT616: Professional Ethics in Sport and Exercise Psychology**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An introduction to the professional and ethical issues relevant to the practice of sport and exercise psychology. The goal of the course is to encourage ethical behavior of sport and exercise psychology professionals consistent with the ethical principles and guidelines recognized by the discipline. These include competence, integrity, professional and scientific responsibility, respect and concern for others, and social responsibility.

Prerequisite: None

Corequisite: None

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**SPRT617: Cultural and Ethnic Diversity for Sport Psychology Consulting**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Examines the influence of cultural and ethnic differences on the delivery of sport psychology

consulting services. This course is designed to developed appropriate skills, competencies and knowledge of consultants working with diverse athlete and performance populations. The analysis of conceptual frameworks for sociopolitical and cultural factors that impact human behavior will provide and understanding of diversity, multiculturalism, and cultural awareness. Students will explore a variety of topical including culture, ethnicity, race, national origin, language, physical appearance and ability, sexual orientation and spirituality.

Prerequisite: None

Corequisite: None

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### **SPRT618: Counseling Skills for Sport and Exercise Psychology**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An introduction to basic counseling skills and techniques relevant to applied sport and psychology. Students will develop skills in presenting sport psychology intervention materials. Included are tools for building rapport, empathy, listening and life development skills, treatment versus consulting, ethics, closure, and termination. Students will become aware of the boundaries of the sport psychology consultant and how to refer for clinical issues.

Prerequisite: None

Corequisite: None

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### **SPRT620: Leadership in Sport Organization**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Interpret effective management proactive including policy development, human resource management, negotiation, resource allocation, labor relations and conflict resolution bases on analysis of current organizational leadership theory. Focus on the successful development and implementation of organizational goals through use of existing research and student event management.

Prerequisite: None

Corequisite: None

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### **SPRT621: Financial Management in Sport**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Evaluates the financial aspects of sport including traditional and innovative revenue producing strategies available to sport organizations. Topics include financial challenges at diverse levels, facility financing, public subsidization and support, budgeting, and economic impact analysis.

Prerequisite: None

Corequisite: None

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**SPRT622: Marketing and Public Relations in Sport**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Designed to evaluate the marketing and public relations strategies used by sport organizations to increase brand awareness, brand/fan loyalty, and brand/fan identification.

Prerequisite: None

Corequisite: None

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**SPRT623: Legal and Policy Issues in Sport**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An evaluation of law and policy as they relate to the specific domain of sport. The course will interpret existing legal precedents and current federal, state and local policies that influence contemporary sport management. Specific topics include contracts, torts, Title IX, the Americans with Disabilities Act, civil rights policy, and constitutional law. This course will evaluate the relevance of court cases and existing policy for sport managers.

Prerequisite: None

Corequisite: None

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**SPRT624: Advanced Field Experience**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An emphasis on the development of practical, on-the-job skills and experience through work with sponsoring entity under the supervision of an approved mentor in an area related to sport administration. The Advanced Field Experience is demanding of the student's skills and abilities and requires an advanced degree of preparation, initiative, and responsibility to be completed successfully and, as such, is considered a culminating experience.

Prerequisite: None

Corequisite: None

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**SPRT630: Capstone in Sport Science**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Facilitates the design, development, and implementation of a capstone project in sport science. Students are required to conduct a comprehensive synthesis of the literature on an approved topic in sport science and complete either a research, strategic management, or policy project.

Prerequisite: None

Corequisite: None

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**SPRT631: Mentored Experience in Sport and Exercise Psychology**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Designed to provide opportunities for sport and exercise psychology students to develop applied skills in real life situations under the supervision of a sport and exercise psychology professional. The skills developed by the student will address competencies and proficiencies as directed by the Association for Applied Sport Psychology (AASP).

Prerequisite: None

Corequisite: None

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### **SPRT640: The Global Soccer Industry**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

Provides management and sport science students with an in depth understanding of the organization, administration, marketing, sponsorship, law, and policy issues in international soccer with particular reference to the major soccer leagues such as the Premier League (England), La Liga (Spain), Serie A (Italy), Bundesliga (Germany), the European Champions League, and major governing bodies such as FIFA and UEFA. The interface with Major League Soccer (MLS) in the United States and the global soccer industry also will be explored.

Prerequisite: None

Corequisite: None

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### **SPRT642: International Sport Organization**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An exploration of sport organization and governance in the international context with a focus on international federations, professional leagues, and comparative analyses of governmental sporting policies. Students will explore the roles of imperialism and globalization on international development since the late nineteenth century. Students will examine the place of sport and international events such as the Olympics and World Cup within this context.

Prerequisite: None

Corequisite: None

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### **SPRT644: Sport in the Global Marketplace**

[Minimum Semester Hours: 3 sh; Maximum Semester Hours: 3 sh]

An exploration of the international sport business including the production and consumption of professional and Olympic sports and the impact of globalization on sport. Themes explored include globalization, commercialization, marketing, comparative sport models of participation and spectating, immersive fan experience, and internationalization of sport brands.

Prerequisite: None

Corequisite: None

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## **Capstone Project:**

Students in the Sport and Exercise Psychology track must conduct a research capstone. If not completing Advanced Field Experience (SPRT624), those in the Sport Management or International Sport Management track may choose between a research capstone or a policy capstone. In a research capstone, students will design and conduct independent research. When this research includes human participants (surveys, interviews, group interviews), you will need to complete the Institutional Review Board (IRB) process. It is possible that you conduct research without involving human subjects (archival or public data) and will not require IRB. In a policy capstone, students may critically examine an existing policy (ADA, Title IX, NCAA policies, etc.) or consider the development of a new policy where one does not already exist but is needed. As with the research capstone, a policy project may not require IRB approval.

Examples of research projects students have completed include:

- Examination of the leadership styles of assistant coaches on group cohesion
- Frequency and contribution factors of burnout among high school athletes
- Prevalence of eating disorders among female collegiate track athletes
- Effectiveness of special feature promotions on fame day attendance in MLB
- Role of female mentors in the career development of female athletic directors
- Mental toughness and gender of both coaches and athletes
- Role of parents in disordered eating and eating disorders

Examples of policy projects students have completed include:

- Establishment of a workplace emergency response protocol (where non-previously existed)
- Assessment of the new NCAA penalty for a sportive drug-test for marijuana
- Assessment of the impact of Title IX on female athletic trainers
- Establishment of a mental health referral policy for NCAA athletes
- Revision of the weigh-in procedures for sprint football

The Capstone is considered a culminating experience. Students should consult with their Capstone faculty advisor for more information, including but not limited to roles and responsibilities, capstone topic ideas, and rubrics for capstone proposal and project evaluation.

# MANAGEMENT: SPORT STUDIES PROGRAM GRADUATE FACULTY

Currently, five faculty members are responsible for the Master of Science in Sport Science Program. All members of the faculty possess years of experience in both the field and education, and continue to work within the industry via research, partnerships, and/or service.



**Professor Peter Campbell, LHU Department Lead**

**Phone:** 570-484-2114

**Email:** [pcampbel@lockhaven.edu](mailto:pcampbel@lockhaven.edu)

**Professor Peter Campbell** is originally from Larne, Northern Ireland. He earned a Bachelor of Science degree in Management Information Systems from Gannon University in Erie, PA, in 1992, and a Juris Doctorate from the Cleveland Marshall College of Law in 1995. Mr. Campbell was admitted to the Ohio Bar in 1995 and is currently licensed to practice law in that State. He has extensive coaching experience at the youth, high school, and collegiate level. He has served on the National Soccer Coaches Athletic Association (NSCAA) national committee and Chaired the Northeast Regional Committee. He also has vast administrative experience at the youth and collegiate level expanding over the past twenty years. He has served on various conference and NCAA administrative committees, including two terms as chair of the NCAA Division II women's Soccer Championship Committee (2006-2008), and the organization-wide NCAA Soccer Rules Committee (2012-2016). Mr. Campbell currently teaches in the undergraduate and graduate Sport Study programs at Lock Haven University.



**Dr. Dain TePoel, Graduate Program Coordinator, Faculty**

**Phone:** 570-484-2559

**Email:** [dht1117@lockhaven.edu](mailto:dht1117@lockhaven.edu)

**Dr. Dain TePoel** is originally from Rochester, Minnesota, approximately 70 miles southeast of Minneapolis/St. Paul. In 2018, he earned his Ph.D. in American Studies (Sport Studies) from the University of Iowa. He graduated from Ohio State University in 2012 with an M.A. in Sport Humanities. His research focuses on the relationship between sport, physical activity, culture, and social movements. Before starting his career in higher education, he worked with the Northwoods Collegiate Summer Baseball League, the St. Paul Saints Baseball Club, and the Minnesota Timberwolves.



**Dr. Patricia Lally, Faculty**

**Phone:** 570-484-2824

**Email:** [plally@lockhaven.edu](mailto:plally@lockhaven.edu)

**Dr. Patricia Lally** earned a Bachelor's degree in Psychology from McGill University in Montreal, a Master's degree in Sport and Exercise Psychology from the University of Ottawa, a Ph.D. in Sport and Exercise Psychology from the University of Toronto and a post-doctoral fellowship also from the University of Toronto. Dr. Lally was responsible for starting the minor in Sport and Exercise Psychology, the Master of Science in Sport Science, the Accelerated Bachelor to Master programs, and oversaw all of these programs until the spring of 2020. Dr. Lally was the founding chair of the Sport Studies Department and served in this capacity for a decade. In addition to teaching, Dr. Lally is an applied sport psychology consultant, is a Certified Mental Performance Consultant (CMPC) through the Association for Applied Sport Psychology (AASP) and is a member of the United States Olympic Committee (USOC) Mental Training Registry.



**Dr. Richard Lally, Faculty**

**Phone:** 570-484-2470

**Email:** [rlally@lockhaven.edu](mailto:rlally@lockhaven.edu)

**Dr. Richard Lally** is from Boston, MA. He received his Bachelor's degree in Political Science from Providence College and his doctorate in Sport Philosophy from The Pennsylvania State University. Previously he taught at East Stroudsburg University. He is a triathlete (swimmer, biker and runner). Dr. Lally teaches courses related to philosophy, ethics and law in sport.



**Professor Bridget Roun, Field Experience Coordinator, Faculty**

**Phone:** 570-484-2285

**Email:** <mailto:vroun@lockhaven.edu> [vroun@lockhaven.edu](mailto:vroun@lockhaven.edu)

**Professor Bridget Roun** is originally from Williamstown, NJ. She earned a Bachelor's degree in Health and Physical Education from Trenton State College in Trenton, NJ in 1985, a Master's degree in Physical Education from West Chester University in 1987 and a Master's degree in Exercise and Sport Sciences with a concentration in Sport Psychology from Ithaca College in 2006. She served as the Head Lacrosse Coach and Assistant Field Hockey Coach at Lock Haven University for nine years. As an athlete and coach, she won six NCAA Division III National Championships in Field Hockey and one in Lacrosse. In addition to teaching, Bridget Roun is a sport performance consultant and works with the Lock Haven University Football team. She teaches undergraduate courses such as Psychology of Coaching, Sport and Society, and Sport Administration and Community Relation. In her spare time, she enjoys traveling.

## Program Design

### **Working with Faculty Advisors:**

All students in the Graduate Program will have an assigned faculty advisor. Regular contact with the faculty advisor is essential for the student's smooth progression through the program. Among other tasks, the faculty advisor will help explore career options; complete an advising sheet, facilitate processing of routine forms, facilitate progress in meeting program requirements, and assist with field experience placement or Capstone project. Further, students and advisors should discuss important dates and the timeline of when certain items are due.

It is the student's responsibility to maintain open and consistent communication with their assigned faculty advisor. To make contact with the faculty advisor most productive, the student should be prepared for advising meetings.

After admission, each student is assigned a faculty advisor. Occasionally, during the course of one's studies, one may wish to change faculty advisors. To change advisors, the student must request a change of advisor in writing to the Program Coordinator. The Program Coordinator in consultation with the student will determine the appropriate faculty advisor to assist the student with their graduate studies.

### **Course of Study:**

See semester schedule of courses to know what courses are offered each semester. Projected course sequence tables per track are located at the end of the handbook.

As educational goals or career plans change, it may be necessary to modify a student's course of study. Changes must have advisor approval. A scheduled plan for completion of the M.S. in Sport Science tracks have been designed to ensure full-time students can complete their programs in an orderly and efficient manner. Full-time Master's degree students are advised to adhere to their curricular schedule as closely as possible to avoid graduation delay. Part-time students should work closely with their advisor to avoid problems in course sequencing which could delay graduation.

### **Transfer of Coursework:**

Students can transfer up to six credits into the graduate program. To have courses evaluated, please submit a Transfer Approval Request: [Transfer Credit Approval Form](#)



## Professional Organizations

There are several valuable sport and exercise psychology and sport management programs that provide additional educational, professional development and networking opportunities. Students are strongly encouraged to become members or attend conferences, proceedings, workshops, etc. provided by these organizations. The list is not exhaustive but does provide the majority of organizations that align with our program.

- Association for Applied Sport Psychology ([www.appliedsportpsych.org](http://www.appliedsportpsych.org))
- American Psychological Society, Division 47 (<https://www.apadivisions.org/division-47/index>)
- International Society of Sport Psychology ([www.issponline.org](http://www.issponline.org))
- North American Society of Sport Management ([www.nassm.org](http://www.nassm.org))
- National Association of College Directors of Athletics ([www.nacda.com](http://www.nacda.com))
- National Collegiate Athletic Association ([www.ncaa.org](http://www.ncaa.org))
- National Federation of State High School Associations ([www.nfhs.org](http://www.nfhs.org))
- Pennsylvania State Athletic Conference ([www.psacsports.org](http://www.psacsports.org))
- Pennsylvania State Athletic Directors Association ([www.psada.org](http://www.psada.org))
- Sport Marketing Association ([www.sportmarketingassociation.com](http://www.sportmarketingassociation.com))
- North American Society for the Sociology of Sport ([www.nasss.org](http://www.nasss.org))
- North American Society for Sport History ([www.nassh.org](http://www.nassh.org))

## Academic Regulations

### Academic Standing:

To remain in good standing graduate students must maintain at least a 3.0 GPA. Probation, suspension, and dismissal policies will be University-based and are not part of this manual.

### Course Repeat Policy:

The University will employ a common standard for individual course repeats as outlined below:

- Graduate students can repeat a single course for grade improvement only once.
- Graduate students will be limited to a maximum total of two repeats across the program.
- The most recent grade (regardless of whether it is higher or lower) will be the grade used for the GPA calculation.

### Graduate Tuition and Fees:

For Tuition and Fee information please visit: [Lock Haven University Graduate Program Tuition & Fee Information](#)

### Federal Student Aid:

- To apply for federal aid programs (i.e. Federal Stafford Loan, Federal Perkins Loan, and Federal Work Study), student compete a Free Application for Federal Student Aid (FAFSA). The FAFSA may be completed on-line at: <https://studentaid.gov/h/apply-for-aid/fafsa>. The Lock Haven University Federal School Code is 003323.

Students interested in federal financial aid should complete and submit the FASFA as early as possible. Financial aid awards will not be determined until after students are officially accepted into a graduate program.

## **Graduate Assistantship**

Each year a limited number of graduate assistantships are available. A graduate assistantship may be full-time or part-time.

### **Qualifications:**

The student must be:

- Unconditionally admitted to graduate study (minimum GPA of 3.0 in the undergraduate degree or having completed 9 graduate credits and received a 3.0 or better).
- Enrolled full-time (i.e. 9 semester hours of graduate work).
- Remain in good academic standing (GPA of 3.0 or higher)

### **Description:**

For additional information on graduate assistantships at the university please review the materials at the following link: [Lock Haven University Graduate Assistantship Information](#)

## Procedures for Application

### Application:

Please apply by submitting the completed form found here:

[Lock Haven University Graduate Studies Application](#)

### Admission Process:

To complete the admission process, student must submit:

- Submit the [online application](#)
- Submit official college transcripts
- Submit three letters of recommendations
- Submit a statement of professional goals

### On-line Application Instructions:

- This section provides information that will assist LHU graduate candidates in completing the on-line graduate application. Please consider reviewing and printing this information prior to completing the application.
- This is a secure site. Your information will remain protected.

### Open Screen:

- Master of Science Candidates must select the On-line Degree option under the mode heading
- After entering your Birth Date, Social Security Number, and selecting the appropriate mode, click the continue button.

### Contract, Profile, and Enrollment Information:

- Enter all contact information including, Name, Permanent Address, Local Address (if different from your Permanent Address), E-mail, Profile, and Enrollment Information.
- NOTE: The e-mail and phone numbers entered will be used by graduate admissions to communicate your progress in the admissions process. Please provide an email address that you most often use and a phone number that you can be reached during daytime hours.

### Enrollment Information:

Graduate Students can apply only during one of the following three sessions:

- Fall
- Spring, or
- Summer Session 1

- Graduate candidates must select the main campus location.
- After completing all information, click on the Save the Partial Application button the application will save and reset to the top of the page.
- Click on the Education tab (top left) to enter your education information.

#### **Education Section:**

- Do not include High School Information.
- Click on the Add College button
- Enter Information about the undergraduate institution at which you received your degree.
- If you completed graduate credits, or an entire graduate degree enter this information also.
- When adding school information, carefully follow the instructions written in red and your school information will automatically populate the appropriate fields.
- Do not submit information about extracurricular activities.
- Upon completion of this section click on the Back button and you will return to the contact information screen. Scroll to the bottom of the page click on the Save Partial Application button and then click on the Next Section button.
- Certification of Information Accuracy:  
A Windows Internet Explorer Pop-Up Window will appear. Click OK.
- After certifying that the information you provided was correct, you will be directed to a secured electronic payment website.

#### **Electronic Payment Form:**

- At this time, you will be asked to pay a \$25 non-refundable application fee. Your credit card, billing, and contact information will be requested. Once the form is complete select "Submit Payment". You will receive a confirmation notice stating that your application has been successfully submitted. Print a copy of this form for your records.
- Your application has now been submitted and you can exit the online application.
- The Office of Graduate Admissions will follow-up with new applicants within two business days. If you have questions regarding the application or the admissions process, feel free to call 570-484-2027 or email: [gradadmissions@lockhaven.edu](mailto:gradadmissions@lockhaven.edu)

## Undergraduate Enrollment

Undergraduate students meeting the following criteria may enroll in graduate courses for graduate credits.

The student must be:

- Junior standing;
- Have a 3.0 GPA or higher;
- Accepted into one of our Accelerated Programs:
  - [Accelerated BS in Sport Management to MS in Sport Science, Sport Management Track](#)
  - [Accelerated BS in Sport Management to MS in Sport Science, Sport and Exercise Psychology Track](#)
  - [Accelerated BS in Psychology \(Kutztown & Mansfield University\) to MS in Sport Science, Sport and Exercise Psychology Track](#)
- Undergraduate students can take up to 12 graduate credits and have those credits count towards both their undergraduate and graduate degrees.

## Program Curriculum

The Master of Science in Sport Science program is a 30-credit on-line degree program with tracks in Sport Management and Sport and Exercise Psychology. The program includes a shared core as well as separate classes for each track. Note that Advanced Field Experience (624) and the Capstone Project (630) are culminating experiences. Students should have all other course work completed prior to enrolling in either course.

<b>Sport Management</b>	<b>International Sport Management</b>	<b>Sport and Exercise Psychology</b>
<p><b>Core (9 Credits)</b></p> <p>SPRT600: Research Methods in Sport Science            SPRT601: Sport in American Culture            SPRT602: Ethics in Sport</p> <p><b>Required (15-18 credits)</b></p> <p>SPRT620: Leadership in Sport Organizations            SPRT621: Financial Management in Sport            SPRT622: Marketing and Public Relations in Sport            SPRT623: Legal and Policy Issues in Sport            SPRT624: Advanced Field Experience (6 credits)</p> <p style="text-align: center;">OR</p> <p>SPRT630: Capstone Project</p> <p><b>Electives (3-6 credits)</b></p> <p>SPRT615: Seminar in Sport Science            SPRT640: The Global Soccer Industry            SPRT642: International Sport Organization            SPRT644: Sport in the Global Marketplace            SPRT610: Foundations of Sport/Ex Psychology            SPRT611: Sport/Exercise Psychology Across Lifespan            SPRT612: Sport Psych for Performance Enhancement            SPRT613: Psychology of Athletic Injury and Illness            SPRT614: Stress Management for Physically Active</p>	<p><b>Core (9 Credits)</b></p> <p>SPRT600: Research Methods in Sport Science            SPRT644: Sport in the Global Marketplace            SPRT602: Ethics in Sport</p> <p><b>Required (15-18 credits)</b></p> <p>SPRT621: Financial Management in Sport            SPRT622: Marketing and Public Relations in Sport            SPRT640: The Global Soccer Industry            SPRT642: International Sport Organization and Governance            SPRT624: Advanced Field Experience (6 credits)</p> <p style="text-align: center;">OR</p> <p>SPRT630: Capstone Project</p> <p><b>Electives (3-6 credits)</b></p> <p>SPRT601: Sport in American Culture            SPRT615: Seminar in Sport Science            SPRT620: Leadership in Sport Organizations            SPRT623: Legal and Policy Issues in Sport            SPRT610: Foundations of Sport/Ex Psychology            SPRT611: Sport/Exercise Psychology Across Lifespan            SPRT612: Sport Psych for Performance Enhancement            SPRT613: Psychology of Athletic Injury and Illness            SPRT614: Stress Management for Physically Active</p>	<p><b>Core (9 credits)</b></p> <p>SPRT600: Research Methods in Sport Science            SPRT601: Sport in American Culture            SPRT602: Ethics in Sport</p> <p><b>Required (15 credits)</b></p> <p>SPRT610: Foundations of Sport/Ex Psychology            SPRT611: Sport/Exercise Psychology Across Lifespan            SPRT612: Sport Psych for Performance Enhancement            SPRT613: Psychology of Athletic Injury and Illness            SPRT630: Capstone Project</p> <p><b>Electives (6 credits)</b></p> <p>SPRT614: Stress Management for Physically Active            SPRT615: Seminar in Sport Science            SPRT616: Professional Ethics in Sport and Exercise Psychology            SPRT617: Cultural and Ethnic Diversity for Sport Psychology Consulting            SPRT618: Counseling Skills for Sport and Exercise Psychology            SPRT620: Leadership in Sport Organizations            SPRT621: Financial Management in Sport            SPRT622: Marketing and Public Relations in Sport            SPRT623: Legal and Policy Issues in Sport            SPRT631: Mentored Experience in Sport and Exercise Psychology            SPRT640: The Global Soccer Industry            SPRT642: International Sport Organization            SPRT644: Sport in the Global Marketplace</p>

### Course Sequences

#### Projected Course Sequence by Semester – Full Time Sport Management Track Field Experience Option

Fall	Spring	Summer 1	Summer 2	Summer Extended
SPRT600: Research Methods in Sport Science	SPRT601: Sport in American Culture	SPRT620: Leadership in Sport Organizations	SPRT615: Seminar in Sport Science (or other elective)	SPRT624: Advanced Field Experience (6 credits)
SPRT602: Ethics in Sport	SPRT622: Marketing and Public Relations in Sports			
SPRT621: Financial Management in Sport	SPRT623: Legal and Policy Issues in Sport			
Total = 9 credits	Total = 9 credits	Total = 3 credits	Total = 3 credits	Total = 6 credits

#### Projected Course Sequence by Semester – Full Time Sport Management Track Capstone Option

Fall	Spring	Summer 1	Summer 2	Summer Extended
SPRT600: Research Methods in Sport Science	SPRT601: Sport in American Culture	SPRT620: Leadership in Organizations	SPRT615: Seminar in Sport Science (or other elective)	SPRT630: Capstone
SPRT602: Ethics in Sport	SPRT622: Marketing and Public Relations	Elective		
SPRT621: Financial Management in Sport	SPRT623: Legal and Policy Issues in Sport			
Total = 9 credits	Total = 9 credits	Total = 6 credits	Total = 3 credits	Total = 3 credits



**Project Course Sequence by Semester – Full Time Sport and Exercise  
Psychology Track**

<b>Fall</b>	<b>Spring</b>	<b>Summer 1</b>	<b>Summer 2</b>	<b>Summer Extended</b>
SPRT600: Research Methods in Sport Science	SPRT601: Sport in American Culture	SPRT612: Sport Psych for Performance Enhancement	SPRT611: Sport and Exercise Psychology Across Lifespan	SPRT630: Capstone
SPRT602: Ethics in Sport OR SPRT616: Professional Ethics in Sport and Exercise Psychology	SPRT610: Foundations of Sport and Exercise Psychology		SPRT615: Seminar in Sport Science (or other elective)	
SPRT613: Psychology of Athletic Injury and Recovery	SPRT614: Stress Management for the Physically Active			
Total = 9 credits	Total = 9 credits	Total = 3 credits	Total = 6 credits	Total = 3 credits

**Projected Course Sequence by Semester - Full Time International Sport Management Track**

**Field Experience Option**

<b>Fall</b>	<b>Spring</b>	<b>Summer 1</b>	<b>Summer 2</b>	<b>Summer Extended</b>
SPRT600: Research Methods in Sport Science (Online)	SPRT644: Sport in the Global Marketplace	SPRT640: The Global Soccer Industry	SPRT642: International Sport Organization and Governance	SPRT624: Advanced Field Experience (6 credits)
SPRT602-02: Ethics in Sport	SPRT622-02: Marketing and Public Relations in Sport			
SPRT621-02: Financial Management in Sport	SPRT623: Legal and Policy Issues in Sport (Online, or other online elective)			
<b>Total = 9 credits</b>	<b>Total = 9 credits</b>	<b>Total = 3 credits</b>	<b>Total = 3 Credits</b>	<b>Total = 6 credits</b>

**Projected Course Sequence by Semester - Full Time International Sport Management Track**

**Capstone Option**

<b>Fall</b>	<b>Spring</b>	<b>Summer 1</b>	<b>Summer 2</b>	<b>Summer Extended</b>
SPRT600: Research Methods in Sport Science (Online)	SPRT644: Sport in the Global Marketplace	SPRT640: The Global Soccer Industry	SPRT642: International Sport Organization and Governance	SPRT630: Capstone
SPRT602-02: Ethics in Sport	SPRT622-02: Marketing and Public Relations in Sport	Elective (Online course)		
SPRT621-02: Financial Management in Sport	SPRT623: Legal and Policy Issues in Sport (Online, or other online elective)			
<b>Total = 9 credits</b>	<b>Total = 9 credits</b>	<b>Total = 6 credits</b>	<b>Total = 3 Credits</b>	<b>Total = 3 credits</b>

**Projected Course Offering by Semester  
(Subject to Change)**

	<b>Fall</b>	<b>Spring</b>	<b>Summer 1</b>	<b>Summer 2</b>	<b>Summer Extended</b>
<b>Shared Classes</b>	SPRT600: Research Methods in Sport Science	SPRT601: Sport in American Culture		SPRT615: Seminar in Sport Science	
	SPRT602: Ethics in Sport				
	SPRT630: Capstone Project	SPRT630: Capstone Project			SPRT630: Capstone Project
<b>Sport/Exercise Psychology Track</b>	SPRT613: Psychology of Athletic Injury and Recovery	SPRT610: Foundations of Sport and Exercise Psychology	SPRT612: Sport Psychology for Performance Enhancement	SPRT611: Sport and Exercise Psychology Across Lifespan	
<b>Sport Management Track</b>	SPRT621: Financial Management in Sport	SPRT622: Marketing and Public Relations in Sport	SPRT620: Leadership in Sport Organizations		
		SPRT623: Legal and Policy Issues in Sport			
	SPRT624: Advanced Field Experience (6 credits)	SPRT624: Advanced Field Experience (6 credits)			SPRT624: Advanced Field Experience (6 credits)

### **Additional Information**

[Graduate Program Policies](#) (Academic Amnesty, Academic Standing, Graduate Residency Requirements, Probation/Suspension/Dismissal, Graduation Requirements, and Simultaneous Degree Completion)

[Graduate Credits Policy](#)

[Grade Appeal](#)

[Incomplete Grade](#)

[University Student Resources](#) (academic, financial, career, self-care, mental & physical health, IT, D2L, and Zoom support)

[Sexual Harassment Policy and Complaint Procedures](#)

[Nondiscrimination Policy and Complaint Procedures](#)

[Office for Disability Services for Students](#)

### **Modification of Handbook**

Please note that this handbook is subject to modification with approval from the Sport Science Graduate Program Coordinator and the Program faculty.