

INSTRUCTIONAL FACILITIES for HEALTH AND PHYSICAL EDUCATION COURSES and EXPERIENCES

Zimmerli Gymnasium houses the Department of Health and Physical Education at Lock Haven University. Instructional facilities include **three large gymnasium spaces** in the building as well as a fourth near the building. Children, youth and peers are taught by Health and Physical Education majors in the gyms, including PK-12 students with and without disabilities. Other instructional space also includes **three classrooms** in the building in addition to a fourth classroom located within a **Wellness room** which provides opportunities for students to engage in activities related to teaching and engaging in activities requiring cardiovascular and muscular strength/endurance exercise equipment. The building includes a **swimming pool** for majors to complete instructional courses and learning experiences related to swimming skills, certifications and instructional strategies relevant for working with PK-12 students and athletic teams.

