

DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION**MINOR IN COACHING (21 Credits)****REQUIRED CORE COURSES (15 Credits)**

		Credit
SPRT305	Psychology of Coaching	3
SPRT323	Sport and Society	3
HPED160	Coaching Methods and Applications	3
HPED162	Principles of Coaching	3
HPED----	Teaching course (choose one: 115, 125, or 130)	3

SUPPORT COURSES (6 Elective Credits)

HPED222	Lifeguard Instructor	1
HPED255	Teaching Fitness in K-12 Schools	3
RECR244	Recreation Leadership and Supervision	3
RECR302	Supervision of Strength Training Programs	3
HPED214	Teaching Lifetime Activities	2
HPED115	Teaching Invasion Sports	3
HLTH336 or 320	Teaching Drug Education OR Drug Education	3
HPED302	Motor Learning Applied to Physical Education	3
HPED---	Techniques of Coaching _____ (any not taken in minor core)	1-3

- Current CPR and First Aid Certification Required