

Lock Haven University
Health & Physical Education Department
Bachelor of Science
Physical Education and Sport in Correctional Settings

Effective: LHU Fall 2020 or Later

Intellectual Foundation	9 sh
Written Communication (WC)	3 sh
ENGL100: Composition	
WC Competency 1: HPED450	WC
WC Competency 2: HPED452	WC
Oral Communication	3 sh
◆HPED115 Teaching Invasion Sports I	3 sh
Mathematical and Computational Thinking (MCT)	3 sh
MATH101 or higher (C- or above)	
Critical Thinking (CT)	
CT Competency 1: HPED 450	CT
CT Competency 2: HPED 452	CT

Knowledge and Inquiry	21 sh
Natural Science Inquiry (NS)	6 sh
◆HLTH122 Essentials of Anatomy and Physiology NS-L	3
	3
Historical, Behavioral, and Social Science Inquiry	6 sh
PSYC100 Introduction to Psychological Science	3
SOCI101 Introduction to Sociology	3
Philosophical, Literary, and Aesthetic Inquiry (PLA)	9 sh
Philosophy OR Literature	3
Visual OR Performing Arts	3
	3

Personal and Social Responsibility	12 sh
Global Awareness and Citizenship (GAC)	9 sh
(One course must meet the historical foundation competency)	
Wellness (WEL)	3 sh
HPED140 Wellness for Life	3
Experiential Learning (EL) (2 units)	
EL Competency 1: HPED450	EL
EL Competency 2: HPED452	EL
Electives (3 sh must be 300 level or higher)	7 sh

Total General Education Credit Hours	42 sh
Total General Education and Elective Credit Hours	49 sh

First Year Student Seminar	2 sh
◆HPED102 Foundations of Physical Education	2

Required Physical Education Core (HPED/HLTH)	36 sh
#HPED125 Teaching Invasion Sports II	3
◆HPED130 Teaching Net Sports	3
#HPED160 Coaching Methods and Applications	3
◆HPED162 Principles of Coaching	3
#HPED214 Teaching Lifetime Activities	2
#HPED255 Teaching Fitness in K-12 Schools *	3
◆HPED302 Motor Learning in Physical Education *	3
#HLTH245 Essentials of Movement *	3
HPED134 or HPED225 or HPED234 or HPED222 (select 1 swimming course: EWS, LGT, WSI, LGI)	1
◆HPED450 Physical Education Professional Field Experience 1 *	6
◆HPED452 Physical Education Professional Field Experience 2 *	6
• Current CPR/First Aid Certification	N.A.

Required Professional Core	30 sh
◆CRJS102 Introduction to Criminal Justice	3
PSYC322 Drugs and Human Behavior * OR	3
#HLTH320 Drug Education*	
#CRJS301 Juvenile Justice *	3
#CRJS302 Criminology *	3
◆CRJS305 Corrections *	3
◆CRJS320 Topics in Criminal Justice *	3
SPRT323 Sport and Society *	3
#RECR200 Princip. of Pers. Trng / Aerobic Leadership OR	3
#RECR302 Supervision of Strength Trn programs *	
#RECR244 Recreation Leadership & Supervision	3
#ENGL360 Technical Writing *	3

Support Course (choose 3 sh below)	3 sh
HLTH325 Death Education *	3
HLTH470 Sex Education *	3
CRJS215 American Gangs: History, Ident. & Interdict.	3
SOCI203 Social Problems *	3
SOCI205 Racial & Ethnic Relations	3
SOCI300 Sociology of Deviance *	3
PSYC212 Forensic Psychology	3
PSYC250 Social Psychology	3
PSYC307 Abnormal Psychology *	3

Major, Professional and Support Core Total	71 SH
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- HPED102: Foundations of Physical Education meets First Year Seminar requirement
- (*): BOG Advanced Course work; (◆): Course offered in fall only; (#): Course offered in spring only
- Total credit hours = 120

Projected Schedule and Requirements for Health and Physical Education
BS in PE & Sport in Correctional Settings Concentration
Effective Fall Semester 2020 or Later

FRESHMAN YEAR

Fall 1		Spring 2	
HPED102: Foundations of Physical Educ. Seminar	2	HPED214: Teaching Lifetime Activities	2
HPED115: Teaching Invasion Sports I OC	3	General Ed: PLA – Visual & Performing Art	3
General Ed: ENGL100 Composition	3	RECR244: Recreation Leadership & Supervision	3
PSYC100: Introduction to Psychology	3	General Ed: HPED140 Wellness for Life	3
CRJS102: Introduction to Criminal Justice	3	General Ed: HBSS	3
		HPED160: Coaching Methods & Applications	3
Total	14	Total	17

SOPHOMORE YEAR

Fall 3		Spring 4	
HPED130: Teaching Net Sports	3	HLTH245: Essentials of Movement	3
HLTH122: Essentials of A & P (lab) NS	3	HPED125: Teaching Invasion Sports II	3
General Ed: Math 101 or higher	3	HLTH320: Drug Ed OR PSYC322: Drugs & Hum Behavior	3
CRJS305: Corrections	3	CRJS301: Juvenile Justice	3
General Ed: PLA	3	General Ed: PLA Philosophy OR Literature	3
Elective: (early field experience or other course)	1	HPED134/225 234 or 222 (select 1: EWS, LGT, WSI, or LGI)	1
Total	16	Total	16

JUNIOR YEAR

Fall 5		Spring 6	
HPED302: Motor Learning Applied to Phys. Edu.	3	RECR200/302: Choose Aerobic OR Strength Course	3
HPED162: Principles of Coaching	3	General Ed: Global Awareness and Citizenship (GAC)	3
CRJS320: Topics in Criminal Justice	3	HPED255: Teaching Fitness in K12 Schools	3
General Ed: Global Awareness & Citizenship (GAC)	3	General Ed: GAC-H World History 1 or II	3
Elective	3	Support Core Course	3
Total	15	Total	15

SENIOR YEAR

Fall 7		Spring 8	
ENGL360: Technical Writing	3	HPED450: HPE Field Experience 1	6
General Ed: Natural Science	3	HPED452: HPE Field Experience 2	6
SPRT323: Sport and Society	3		
Elective	3		
CRJS302: Criminology	3		
Total	15	Total	12