### Shared Core  (TOTAL = 54 S.H.)

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER COMPLETED AND GRADE</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 505: Clinical Mental Health Counseling as a Profession</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 510: Counseling Theories</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 515: Assessment in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 520: Lifespan Development: Implications for Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 525: Skills and Techniques in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 530: Research and Evaluation in Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 535: Multicultural Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 540: Career Development and Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 545: Addictions Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 550: Psychopathology and Differential Diagnosis</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 555: Advanced Skills in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 560: Family and Couples Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 565: Group Counseling in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 570: Trauma and Crisis Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 585: Ethical, Legal, and Professional Issues in Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 590: Practicum in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 595: Internship I in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 596: Internship II in Mental Health Counseling OR</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 597: Internship I &amp; II in Mental Health Counseling</td>
<td>B</td>
<td></td>
<td>6 s.h.</td>
</tr>
</tbody>
</table>

### Military/Veteran Track Coursework  (Total = 6 S.H.)

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER COMPLETED AND GRADE</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 575: Counseling Military Veterans</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 580: Reintegration and Recovery for veterans and families</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>

### Child and Adolescent Track Coursework  (Total = 6 S.H.)

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER COMPLETED AND GRADE</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 562: Children and Adolescent Counseling</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 564: Creative Therapies for Children &amp; Adolescents</td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>
## GENERAL COUNSELING TRACK COURSEWORK (Total = 6 S.H.)

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER COMPLETED AND GRADE</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
<tr>
<td></td>
<td>B</td>
<td></td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>

## CERTIFICATE OPPORTUNITIES - THESE ARE IN ADDITION TO THE 60 credit program

### Foundations of Trauma-Informed Certificate
**(NOTE: 3 additional credits to your current program of study)**

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER OFFERED</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 571: Foundations of Trauma-informed Care</td>
<td></td>
<td>Winter Session</td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>

### Trauma-Informed Counseling Certificate
**(NOTE: 9 additional credits to your current program of study)**

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
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</tr>
</thead>
<tbody>
<tr>
<td>CMH 571: Foundations of Trauma-informed Care</td>
<td></td>
<td>Winter Session</td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 572: Grief and Loss Counseling</td>
<td></td>
<td>Summer 1</td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 573: Advanced Interventions for Trauma-informed Care <em>(NOTE: this course can only be taken during practicum or after the program)</em></td>
<td></td>
<td>Summer 2</td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>

### TELEMENTAL Health Certificate
**(NOTE: 3 additional credits to your current program of study)**

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER OFFERED</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 556: TeleMental Health</td>
<td></td>
<td>Summer 1</td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>

### MILITARY RESILIENCE & TRAUMA COUNSELING Certificate
**(NOTE: up to 6 additional credits to your current program of study)**
This is for students who are general or children and adolescent tracks

<table>
<thead>
<tr>
<th>COURSE NUMBER/COURSE NAME</th>
<th>MINIMUM GRADE REQUIRED</th>
<th>SEMESTER OFFERED</th>
<th>SEMESTER HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMH 575: Counseling Military Veterans</td>
<td></td>
<td>Summer 1</td>
<td>3 s.h.</td>
</tr>
<tr>
<td>CMH 580: Reintegration and Recovery for Veterans and Families</td>
<td></td>
<td>Summer 2</td>
<td>3 s.h.</td>
</tr>
</tbody>
</table>
Proposed Sequence for Full -Time (3 year) program:

Note:
- Courses with a * means there are required synchronous Zoom classes every other week
- Courses with a ** means there are required synchronous Zoom classes every week

Year One:

Fall 1
- CMH505: Clinical Mental Health as a Profession*
- CMH510: Counseling Theories*
- CMH520: Lifespan Development: Implications for Counseling

Spring 1
- CMH515: Assessment in Mental Health Counseling*
- CMH525: Skills and Strategies in Mental Health Counseling**
- CMH585: Ethical, Legal, and Professional Issues*

Summer
- Elective 1
  - **Children and Adolescent Track:**
    - CMH562 Children & Adolescent Counseling
  - **Military Track:**
    - CMH575 Counseling Military Veterans
  - **General Track:** Choose a military elective
    - CMH575 Counseling Military Veterans
    - CMH580 Reintegration & Recovery for Veterans & their Families
- CMH540: Career Counseling
- CMH560: Family and Couples Counseling**

Year Two:

Fall 2
- CMH535: Multicultural Counseling*
- CMH550: Psychopathology & Differential Diagnosis*
- CMH555: Advanced Skills in Mental Health Counseling**
- Identify and interview for Practicum and Internship Sites

Spring 2
- CMH565: Group Counseling in Mental Health Counseling**
- CMH570: Trauma and Crisis Counseling*
- CMH530: Research and Evaluation in Counseling
- Submit Practicum Application in Tevera by Spring break

Summer 2
- Elective 2
  - **Children and Adolescent Track:**
    - CMH564 Creative Therapies
  - **Military Track:**
    - CMH580 Reintegration & Recovery for Veterans & their Families
  - **General Track:** Choose the children and adolescent elective
    - CMH562 Children & Adolescent Counseling
    - CMH564 Creative Therapies
- CMH545: Addiction Counseling*
- Practicum (100 on site hours distributed over 10 weeks)**
Fall Cohort

Year Three:

**Fall 3**
- CMH595 Internship I (300 on site hours) = 3 credits**

**Spring 3**
- CMH596 Internship II (300 on site hours) = 3 credits**

***Note: Internship I and II can be taking concurrently for a 600 internship in the fall semester. Students would register for CMH597 Internship I and II***

**Proposed Sequence for Part -Time (4 year) program:**

**Year One:**

**Fall 1**
- CMH505: Clinical Mental Health as a Profession*
- CMH510: Counseling Theories*

**Spring 1**
- CMH515: Assessment in Clinical Mental Health Counseling*
- CMH525: Skills and Techniques in Mental Health Counseling**

**Summer 1**
- CMH540: Career Counseling
- CMH560: Family and Couples Therapy**

**Year Two:**

**Fall 2**
- CMH520: Lifespan Development: Implications for Counseling
- CMH535: Multicultural Counseling*

**Spring 2**
- CMH530: Research and Evaluation in Counseling
- CMH585: Ethical, Legal, and Professional Issues*

**Summer 2**
- Elective 1
  - **Children and Adolescent Track:**
    - CMH562 Children & Adolescent Counseling
  - **Military Track:**
    - CMH575 Counseling Military Veterans
  - **General Track:** Choose a military elective
    - CMH575 Counseling Military Veterans
    - CMH580 Reintegration & Recovery for Veterans & their Families
- Elective 2
  - **Children and Adolescent Track:**
    - CMH564 Creative Therapies
  - **Military Track:**
    - CMH580 Reintegration & Recovery for Veterans
  - **General Track:** Choose the children and adolescent elective
    - CMH562 Children & Adolescent Counseling
Fall Cohort

- CMH564 Creative Therapies

Year Three:

Fall 3
- CMH550: Psychopathology & Differential Diagnosis*
- CMH555: Advanced Counseling Skills**
- Identify and Interview for Practicum Site

Spring 3
- CMH565: Group Counseling in Mental Health Counseling**
- CMH570: Trauma and Crisis Counseling*
- Submit Practicum Application in Tevera by Spring Break

Summer 3
- CMH545: Addiction Counseling*
- Practicum (100 on site hours distributed over 10 weeks)**

Year Four:

Fall 4
- CMH595 Internship I (300 on site hours) = 3 credits**

Spring 4
- CMH596 Internship II (300 on site hours) = 3 credits**

***Note: Internship I and II can be taken concurrently (CMH597 Internship I and II) for a 600-hour internship in the fall semester***