

Student Counseling Services

Location: 130 A Founders Hall

For mental health emergencies outside of regular Counseling Service hours, or if Counseling Service faculty are not available, please call 911 or the Community Connections of Clearfield/Jefferson County 24-hour Crisis Intervention Services at 1-800-341-5040.

Counseling Service Faculty

Professor Laura Gardner, MS

(814) 768-3413

University Counseling Services

The LHU Counseling Services is an integral part of the Department of Academic Development and Counseling. The Counseling Service's broad mission is to serve the Lock Haven University Clearfield Campus Community. The services provided include counseling students with personal, psychological, emotional, or academic adjustment issues. Consultation and education regarding mental health topics and issues affecting LHU students is also available to faculty and staff. The Counseling Services utilizes a brief, solution-focused therapy model that is based on the student's needs and goals.

Psychiatric consultation is available via assessment and referral from the Director of the Counseling Service.

The Counseling Services faculty assists students with questions about achievement, educational problems, interpersonal relationships, coping problems, self-image, social skills, or other potentially stressful or disturbing experiences. Services are free and confidential. The diversity of services (e.g., tutoring, advising) offered by the Department of Academic Development and Counseling provides additional anonymity to the student seeking personal counseling.

Students who are interested in counseling services should call the Counseling Services office at Clearfield at (814) 768-3413 to schedule an appointment. Counseling Services are provided by special appointment only. Students may be referred to off-campus agencies and private practitioners when desired or appropriate. The Counseling Service does not provide an on-call crisis intervention service or case management.