

Minor in Sport and Exercise Psychology (18 credits)

Required Core Courses (6 credits)

SPRT208: Introduction to Sport and Exercise Psychology

SPRT318: Advanced Theory and Application of Sport and Exercise Psychology

Support Courses (12 credits)

SPRT305: Psychology of Coaching

SPRT323: Sport and Society*

ATTR332: Psychological Aspects of Injury and Illness*

HLTH305: Introduction to Biomechanics*

HLTH353: Physiology of Exercise*

PSYC202: Research Methods in Psychology (3)**

PSYC235: Interpersonal and Leadership Skills

PSYC250: Social Psychology*

PSYC308: Psychology of Personality*

PSYC313: Industrial and Organizational Psychology*

*These courses have pre-requisites.

** Strongly recommended for students who do not complete a research methods class as part of their major requirements

- Students may petition the minor coordinator for approval of a maximum of 3 credits in lieu of those listed above. The petition must be approved prior to completion of the 3 credits.