



Fall 2017 Group Fitness Classes



(Classes begin Tuesday, September 5th)

ZUMBA with Corrine & Emily: Monday – Thursday, 4:10pm to 5:00pm
(SRC Dance Room or Court 3)

Anything Goes with Erica: Monday/Wednesday, 5:00pm to 5:50pm
(SRC Dance Room)

Yoga with Alexis: Tuesday/Thursday, 5:00pm to 5:50pm (SRC Dance Room)

Yoga with Teddy: Monday/Wednesday, 6:00pm to 6:50pm (SRC Dance Room)

HIIT with Anne: Monday – Thursday, 7:00pm to 7:50pm (SRC Dance Room)

